

**GOVERNMENT OF INDIA
MINISTRY OF EXTERNAL AFFAIRS
(EAST ASIA DIVISION)**

KAILASH MANASAROVAR YATRA - 2012

GUIDELINES, APPLICATION FORM AND DECLARATION

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KAILASH MANASAROVAR YATRA - 2012

GUIDELINES

A) OVERVIEW

1. Kailash Manasarovar Yatra is known for its religious value, cultural significance, physical beauty and thrilling nature. It is undertaken by hundreds of people every year. Holding significance for the Hindus as the abode of Lord Shiva, it holds religious importance also for the Jains and the Buddhists.
2. The Yatra is organized by the Ministry of External Affairs every year between May and September. In 2012, the Yatra is planned to be arranged from 29 May to 25 September in 16 batches. Each batch will comprise a maximum of 60 qualified yatris, including a Liaison Officer to manage the batch. The duration of the 'Yatra proper' will be 27 days. Before beginning the 'Yatra proper', the yatris need to spend 3-4 days in Delhi to complete various formalities, such as undergoing mandatory medical examinations, obtaining Chinese visa, etc.
3. The Yatra is open to eligible Indian citizens who wish to proceed to Kailash-Manasarovar for religious purposes.
4. Given the extremely arduous nature of the Yatra, only those who are physically fit and healthy should apply to undertake the Yatra. It involves trekking at high altitudes of up to 19,500 feet, under inhospitable conditions, including extreme cold and rugged terrain, and may prove hazardous for those who are not physically and medically fit. Yatris undertake the Yatra purely at their own volition, cost, risk and consequences. [\[INDEX\]](#)

B) NATURE OF YATRA

1. The Kailash Manasarovar Yatra is open to those qualified Indian citizens who wish to proceed to Kailash-Manasarovar for religious purposes. [\[INDEX\]](#)

C) ELIGIBILITY

1. Indian citizen aged at least 18 years and below 70 years as on 01.01.2012.
2. Body Mass Index (BMI) of 27 or less.
3. Physically fit and medically healthy:
 - a. An applicant should not suffer from medical conditions such as high blood pressure, diabetes, asthma, heart disease, epilepsy, etc. He/she is required to submit results of the latest medical tests with application form.

- b. Selected applicant is required to undergo and qualify three comprehensive medical examinations, first two of which are conducted by Delhi Heart and Lung Institute (DHLI) and ITBP Base Hospital in New Delhi, and the third test to ascertain reactions to altitude trekking will be done by ITBP at Gunji after 5 days of the Yatra proper at a height of 3500 metres. No other medical certificates or test reports are accepted to qualify for the Yatra proper.
- c. Selected applicant found medically unfit will not be allowed to proceed on the Yatra, and will forfeit the non-refundable deposit paid to Kumaon Mandal Vikas Nigam (KMVN) and the amount paid for medical examinations.
- d. An interim list of tests included in ITBP conducted medical examination is as follows:
 - 1) Hb.
 - 2) TLC
 - 3) DLC
 - 4) ESR
 - 5) BLOOD SUGAR (F & PP)
 - 6) BLOOD UREA
 - 7) CREATININE
 - 8) SERUM BILURUBIN, SGOT, SGPT
 - 9) BLOOD GROUP WITH Rh typing
 - 10) LIPID PROFILE
 - 11) URINE RE
 - 12) CHEST X-RAY
 - 13) TMT
 - 14) E.C.G.
 - 15) PULMONARY FUNCTION TEST (PFT)
 - 16) HbA1c
 - 17) STRESS-ECHO-TEST (if recommended by doctor)
- e. Those who are found medically unfit in the medical test to ascertain reactions to altitude trekking at Gunji after 5 days of the Yatra proper will not be permitted to continue the Yatra.
- f. The findings and recommendations of the DHLI and ITBP medical personnel both in Delhi and Gunji will be final and binding.
- g. In the eventuality of a Yatri being disqualified on medical grounds at Gunji, it will not be possible to refund the charges levied by KMVN. [\[INDEX\]](#)

D) SELECTION PROCESS

- 1. The selection of Yatris will be done by the Ministry of External Affairs.
- 2. Yatris are selected through a fair computer-generated random gender-balanced selection process.

3. Spouses will be automatically selected (provided he/she has also submitted his/her application for the Yatra and this fact is clearly indicated in the relevant column of the application form) subject to clearing the medical test.
4. Selected persons will be informed about their inclusion in a particular batch 3-4 weeks before their scheduled departure.
5. Selected applicants will be required to deposit a non-refundable amount of Rs.5,000.00 (Rupees Five Thousand only) directly into Account No.90361010002716 of the Kumaon Mandal Vikas Nigam Limited held with Syndicate Bank, 21, Barakhamba Road, New Delhi, IFSC Code No.0009036, by a specific deadline to confirm their participation in a particular batch. Original proof of this deposit is required to be submitted to the Ministry of External Affairs along with the confirmation for participation.
6. Selected yatris are required to assemble in New Delhi 3-4 days in advance of the Yatra.
7. After the selected yatris report for Yatra in New Delhi, they undergo a thorough medical examination at the Delhi Heart & Lung Institute and the ITBP Base Hospital, New Delhi. The parameters of medical examination are decided by the ITBP Base Hospital, keeping the requirements of Kailash Manasarovar Yatra in mind.
8. Only those selected yatris who qualify the two medical examinations in New Delhi are allowed to proceed for the Yatra.
9. A third medical test to ascertain reactions to altitude trekking will be done by ITBP at Gunji after 5 days of the Yatra proper at a height of 3500 metres. A yatri who is found medically unfit in Gunji will not be permitted to continue the Yatra.
10. The findings and the recommendations of the DHLI and ITBP medical personnel both in Delhi and Gunji will be final and binding.
11. In the eventuality of a yatri being disqualified on medical grounds at Gunji, it will not be possible to refund the charges levied by KMVN. [\[INDEX\]](#)

E) APPLICATION – HOW TO APPLY

1. Application Form and Declaration can be downloaded from the following websites: <http://mea.gov.in/mystart.php?id=5203>
2. Online application generation facility is also available on the above website till 05 March 2012.
 - However, the application will be accepted only after the print-out of the online application duly filled in and signed by the applicant, along with requisite documents, is submitted to the Ministry of External Affairs.
3. The Application Form duly filled in and signed by the applicant – along with (a) signed Declaration; (b) two photographs; (c) photocopies of photo page, family details page and address page of Indian passport; and (d) results of

the latest medical tests – are required to be submitted to the Ministry of External Affairs on or before 12 March 2012 at the following address:

**Attaché (China), China Registry (KMY),
Room No.255-A, South Block,
Ministry of External Affairs,
New Delhi – 110011.**

4. For acknowledgement of receipt, a self-addressed post card may be attached with the Application.
5. Applicants should send their applications by Speedpost or Registered India Post, and not by private couriers.
6. Fees are to be paid after selection.
7. Applicant may carefully note the following conditions while completing their applications:
 - It is the individual's responsibility to ensure that application contains accurate information and that it is complete in every detail including date of birth and results of the latest medical tests.
 - Incomplete applications will be rejected.
 - Wrong information in the application form will be ground for disqualification, even after selection has been confirmed/Yatra proper has begun. Total deposit paid to KMVN will be forfeited.
 - After receiving the telegram announcing the preliminary selection, confirmation that the selected Yatri can travel, should be received in this Ministry by the stated deadline, otherwise it will be presumed that the selected Yatri cannot travel, and he or she will be replaced from the stand-by list.
 - Failure to pass the medical examinations in Delhi and in Gunji will be ground for disqualification. Medical certificates issued by any source other than the ITBP doctors in Delhi and Gunji will not be accepted.
 - If a Yatri is disqualified on medical grounds in Delhi, he or she will forfeit the non-refundable deposit paid to KMVN. If a Yatri is disqualified on medical grounds at Gunji, he/she will forfeit the total amount paid as Yatra fees to KMVN.
 - The Yatra batches will leave on the scheduled dates even if replacements called from the standby lists to fill any vacancy that may arise, are unable to join the group in time.
8. Applicants should ensure that they possess an ORDINARY INDIAN PASSPORT valid for at least six months as on 01 September 2012.
9. Yatris must ensure to bring the following documents with them when they report in New Delhi for the Yatra after their selection:

- Ordinary Indian passport, valid for at least six months as on 1 September 2012.
- Indemnity Bond, executed on a non-judicial stamp paper of Rs.10 or as applicable locally and authenticated by a First Class Magistrate or a Notary Public. Selected yatris are required to sign this Indemnity Bond stating that they undertake the Yatra at their own risk. (<http://mea.gov.in/mystart.php?id=5203>)
- Two recent passport size photographs.
- Undertaking for evacuation by helicopter in case of emergency. (<http://mea.gov.in/mystart.php?id=5203>)
- Consent Form for cremation of mortal remains on Chinese side in case of death there. (<http://mea.gov.in/mystart.php?id=5203>) [\[INDEX\]](#)

F) EXPENDITURE AND FEES

1. The total cost of the Yatra will include the following:
 - (a) Rs.27,000.00 (inclusive of Service Tax) to be paid to Kumaon Mandal Vikas Nigam Limited (KMVN).
 - Out of the above amount, selected applicants will be required to deposit a non-refundable amount of Rs.5,000.00 (Rupees Five Thousand only) directly into Account No.90361010002716 of the Kumaon Mandal Vikas Nigam Limited held with Syndicate Bank, 21, Barakhamba Road, New Delhi, IFSC Code No.0009036, by a specific deadline to confirm their participation in a particular batch. Original proof of this deposit is required to be submitted to the Ministry of External Affairs along with the confirmation for participation.
 - The balance amount will be required to be deposited with KMVN on arrival in Delhi to begin the Yatra.
 - (b) Chinese Visa fee, as applicable, in cash (approximately Rs.400).
 - (c) Rs.3,100.00 to be paid to Delhi Heart and Lung Institute to cover costs of medical examinations/tests in New Delhi. In case the applicant is required by the medical authorities to undergo a Stress Echo Test, an additional Rs.2,500.00 would be charged for that particular test from the yatri concerned. These charges are non-refundable even if the applicant is not able to undertake the Yatra eventually due to disqualification on medical grounds.
 - (d) US \$ 750/- (subject to revision) to be paid to the Chinese side.
 - (e) Expenditure on adequate equipment, clothing, food stores, porters, baggage, ponies and other items required for the Yatra.

2. If a Yatri is disqualified on medical grounds in Delhi, he or she will forfeit the non-refundable deposit paid to KMVN.
3. If a Yatri is disqualified on medical grounds at Gunji, he/she will forfeit the total amount paid as Yatra fees to KMVN.
4. Wrong information in the application form will be ground for disqualification, even after selection has been confirmed/Yatra has begun. Total deposit paid to KMVN will be forfeited. [\[INDEX\]](#)

G) BATCHES

1. In 2012, it is planned to send sixteen batches, each consisting of a maximum of 60 pilgrims.
2. The batch schedules for KMY 2012 are as follows: [\[INDEX\]](#)

BATCH	FROM	TO	BATCH	FROM	TO	BATCH	FROM	TO
1	29/5	27/6	7	4/7	2/8	13	9/8	7/9
2	4/6	3/7	8	10/7	8/8	14	14/8	13/9
3	10/6	9/7	9	16/7	14/8	15	21/8	19/9
4	16/6	15/7	10	22/7	20/8	16	27/8	25/9
5	22/6	21/7	11	28/7	26/8	--	--	--
6	28/6	27/7	12	3/8	1/9	--	--	--

H) DURATION

1. The duration of the Yatra proper will be 27 days. In addition, Yatri will need to spend 3-4 days in New Delhi to obtain visas, undergo a comprehensive medical examination and complete financial formalities. The Government of Delhi will provide accommodation for the 3-4 days' stay in Delhi. [\[INDEX\]](#)

I) CAUTION

1. Yatra is extremely arduous (more than the Vaishnodevi/Amarnath routes), involves trekking at high altitudes up to 19,500 feet, under inhospitable conditions including extreme cold and rugged terrain and may prove hazardous for those who are not physically or medically fit. The Indian Mountaineering Foundation has recognised the Kailash Manasarovar Yatra as a trekking expedition. There is a considerable element of risk to life and property.
2. Pilgrims undertake the Yatra at their own volition, cost, risk and consequences.
3. KMVN also provides insurance against accident during the Yatra for each Yatri through United India Insurance Company Limited for an amount of Rupees Five Lakh.
4. Government shall not have any obligation to bring the mortal remains of the pilgrim across the border for cremation in the Indian side, in case of death

on the Chinese side. All Yatris are, therefore, required to sign a Consent Form (<http://mea.gov.in/mystart.php?id=5203>) for cremation of mortal remains on the Chinese side in case of death. [\[INDEX\]](#)

J) WEB LINKS [\[INDEX\]](#)

1. For detailed information on the Yatra, applicants may browse the MEA website (<http://mea.gov.in/mystart.php?id=5203>), which hosts the following documents:
 - Kailash Manasarovar Yatra 2012: Guide Book for Yatris
 - Online application form
 - Printable application form
 - Declaration
 - Indemnity Bond
 - Undertaking
 - Consent Form.
2. Applicants may like to browse the following link for KMY-2012:
<http://kmy-2012.webstarts.com>
3. Applicants may also like to browse the KMY account on the Facebook:
<http://www.facebook.com/#!/pages/Kailash-Mansarovar-Yatra/266791833345919>
4. Kailash Manasarovar Yatra 2012: Guide Book for Yatris can also be accessed at the following web links:
Hindi: http://issuu.com/indiandiplomacy/docs/kailash_mansarovar_yatra_hindi
English: http://issuu.com/indiandiplomacy/docs/kailashmansarovaryatra_english

K) LEGAL

1. Without prejudice to the foregoing, all claims, disputes, differences shall be subject to the jurisdiction of Courts in New Delhi only.
2. Only those who are physically fit and healthy should apply to undertake the Yatra. The Yatra is extremely arduous (more than the Vaishnodevi and Amarnath routes). It involves trekking at high altitudes of up to 19,500 feet, under inhospitable conditions, including extreme cold and rugged terrain, and may prove hazardous for those who are not physically and medically fit. The Indian Mountaineering Foundation has recognised the Kailash Manasarovar Yatra as a trekking expedition. There is a considerable element of risk to life and property.
3. The Government shall not be responsible in any manner for any loss of life or injury to a yatri, or any loss or damage to property of a Yatri due to any natural calamity or due to any other reason. Pilgrims undertake the Yatra at their own volition, cost, risk and consequences. [\[INDEX\]](#)

APPLICATION FORM FOR YATRIS FOR KAILASH MANASAROVAR YATRA-2012

- ▶ Duly completed application form, along with signed Declaration and other requisite enclosures must reach the Ministry of External Affairs by **MONDAY 12 MARCH 2012** at the following address: Attaché (China), China Registry, Room No.255-A, Ministry of External Affairs, South Block, New Delhi 110 011.
Tel: 2301-4900. E-mail : kmyatra@mea.gov.in
- ▶ Application form be filled in **HINDI** or **ENGLISH** only after reading detailed Guidelines.
- ▶ A self-addressed post card be attached for issue of acknowledgement. Applicants are advised to send their applications by Registered India Post or Speedpost.

Please provide two recent
passport size photographs, one
to be affixed here

1.	Applicant's name as in passport: Given name :			
	Mr Mrs Miss Surname :			
2.	Father's full name: Shri			
3.	Date of birth (as in passport):	DD	MM	YYYY
4.	Sex: MALE FEMALE			
5.	Religion:		6.	Profession:
7.	Medical and physical fitness to undergo Yatra as on date:		(a)	FIT UNFIT [Please attach latest medical reports]
	(b)	Blood Sugar levels:	FASTING	NON-FASTING
	(c)	Blood Pressure levels:	LOW	HIGH
8.	Details of Indian Passport: No. :			
	Please enclose copy of personal particulars page of your passport.	Date & place of issue :		
		Date of expiry :		
9.	Full address, with State & PIN code :			
	Telephone (with STD code) :			
	Fax (with STD code) :			
10.	E-mail address :			
	Next-of-kin details for emergency: Name :			
	Full address, with State and PIN code :			
11.	Telephone (with STD code) :			
	Fax (with STD code) :			
12.	E-mail address :			
	Experience of high altitude trekking :			
13.	Are you a Medical Doctor? : YES NO			
14.	Experience in rendering First Aid Medical :			
15.	Have you been on KM Yatra before? :		As Yatri: YES NO As Liaison Officer: YES NO	
	If yes, details thereof :		Year(s) of Yatra: Batch(es) No.	
	Name under which travelled & passport No. :			
15.	Is your spouse also applying for Yatra? : YES NO			
	If yes, his/her full name: Mr Mrs			

PLACE : _____

DATE : _____

SIGNATURE OF APPLICANT

KAILASH MANASAROVAR YATRA – 2012

DECLARATION BY APPLICANT

1. I understand that Kailash Manasarovar Yatra is a high altitude trekking expedition under inhospitable conditions, which may involve serious risk to the person or property of the Yatri. I am undertaking the Kailash Manasarovar Yatra at my own volition, cost, risk and consequences.
2. I understand that my application will be rejected and not processed if any column is not filled in or if it is incomplete in any other respect.
3. I understand that if I have given wrong information in my application, this will be ground for disqualification from the Yatra and for forfeiture of deposit paid to Kumaon Mandal Vikas Nigam (KMVN).
4. I understand that the decision of the ITBP medical authorities either in Delhi or in Gunji is final and cannot be challenged, that in the event of my being disqualified on medical grounds by the competent medical authorities in Delhi, I will forfeit the non-refundable deposit paid to KMVN, and that in the event of my being disqualified on medical grounds by the competent medical authorities at Gunji, I will forfeit the entire amount paid to KMVN as Yatra charges and I shall not claim any refund thereof.
5. I undertake that I will bear full responsibility for expenses on emergency medical treatment as well as emergency air evacuation, if the need arises during the Yatra.
6. I understand that the decisions taken by the Liaison Officer to maintain security and discipline during the Yatra will be final and binding including any decision to repatriate any Yatri. In such circumstances I will forfeit the entire amount paid to KMVN as Yatra charges and I shall not claim any refund thereof.
7. I further undertake that in any circumstances after confirming my participation, if I am unable to proceed on Yatra or to complete the Yatra for any reason, my entire deposit will be forfeited with no possibility of refund.

PLACE :

DATE :

SIGNATURE OF APPLICANT

For official use only:

- | | | |
|----|------------------|--|
| 1. | Registration No. | |
| 2. | Batch No. | |
| 3. | Remarks: | |